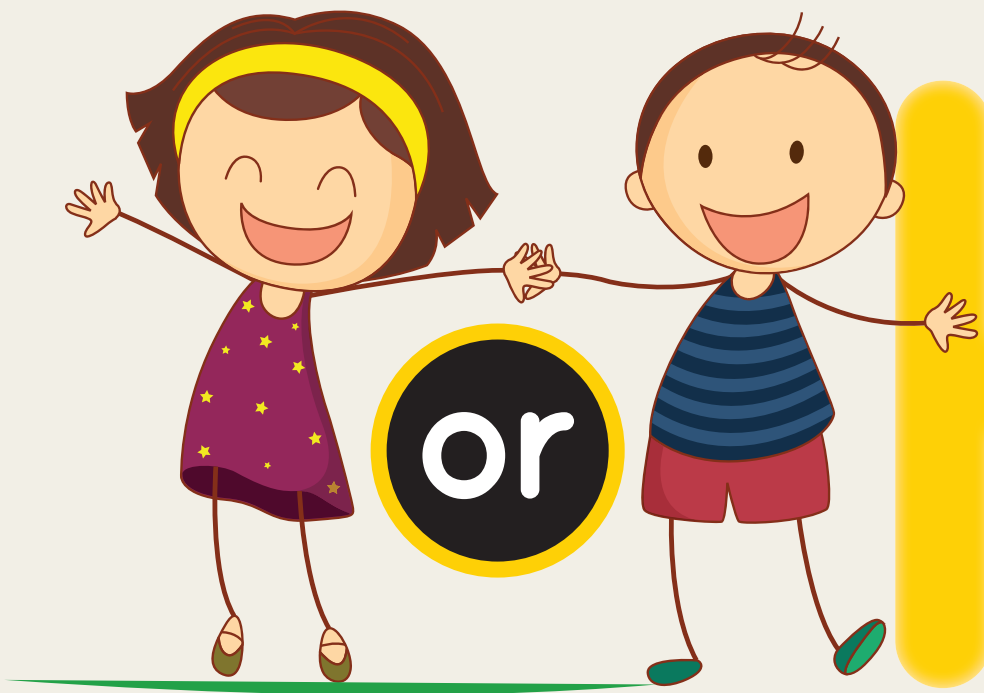


WORDS CAN...

HURT



HEAL



DON'T

Say "You can't play with us!" or "This table is full."

DO

Invite friends to join you on the playground or at lunch.

DON'T

Say something mean about how a person looks or what they are wearing.

DO

Give each other compliments: "You rock at soccer!" "I like your shirt."

DON'T

Join in on teasing: "Yeah, you're being a baby!"

DO

Offer to help: "Hey, that's not nice!"

DON'T

Tell stories about people that may not be true: "Did you hear what Josh said about what happened to Sam yesterday?!"

DO

Tell the truth about people. Only repeat things that are true, kind and encouraging. "Sophie said you were really good in the concert last night."

DON'T

Make fun of kids because of what their family looks like. "How come you don't live with your mom and your dad?"

DO

Find out more about a person. "Who do you live with?" or "Do you have any brothers or sisters?"

DON'T

Make fun of the ways that someone may be different from you and your friends.

DO

Get to know kids who are different than you. You probably are more alike than you think! "What's your name? Do you like to read? What about sports? Do you like to draw?"

DON'T

Leave someone out at school just because you don't know them.

DO

Welcome kids who are new: "We play tag every recess. Want to play with us?"

DON'T

Call kids names or make up nicknames.

DO

Use real names.



WE are TEACHERS



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