

Lesson Two – EMT

Lesson Overview

In this lesson, participants will explore a career as an Emergency Medical Technician. Participants will learn about typical job duties, pay, job outlook and potential relating to this career area.

Lesson Objectives

After completing this lesson, participants will be able to:

- Identify what EMTs do
- Compare and contrast the roles and requirements of EMT vs. paramedic
- Discuss the impact of EMT professionals

Lesson at a Glance

Activity	Materials	Preparation	Approximate class time
FOCUS	<ul style="list-style-type: none">• Videos of EMT careers• <i>A Day in the Life of an EMT</i> handout	1. Print/photocopy the <i>A Day in the Life of an EMT</i> handout	10-15 minutes
LEARN	<ul style="list-style-type: none">• <i>Creating an Infographic: What's the EMT Buzz?</i> handout• Plain white paper• Markers• Internet access	1. Have participants access the <i>Creating an Infographic: What's the EMT Buzz?</i> 2. Model infographic sample websites.	45 minutes
REVIEW	<ul style="list-style-type: none">• <i>Being an EMT Is/Is Not the Career Field for Me</i>• Infographics created and posted by participants in the Learn portion of the lesson	1. Print/photocopy the <i>Being an EMT Is/Is Not the Career Field for Me</i>	20 minutes

Lesson Two – Working as an EMT

FOCUS: What is an Emergency Medical Technician?

10-15 minutes

Purpose:

Emergency Medical Technicians provide out of hospital emergency medical care and transportation for critical and emergent patients who access the emergency medical services (EMS) system. EMTs have the basic knowledge and skills necessary to stabilize and safely transport patients ranging from non-emergency and routine medical transports to life threatening emergencies. Emergency Medical Technicians are a critical link between the scene of an emergency and the health care system. Participants gain an overview of what this career entails.

Materials:

- Videos of EMT careers
- *A Day in the Life of an EMT* handout

Facilitation Steps:

1. Share these statistics with the participants: Employment of EMTs and paramedics is projected to grow 11 percent from 2020 to 2030, faster than the average for all occupations.

About 20,700 openings for EMTs and paramedics are projected each year, on average, over the decade. Many of those openings are expected to result from the need to replace workers who transfer to different occupations or exit the labor force, such as to retire.

Quick Facts: EMTs and Paramedics

2020 Median Pay \$36,650 per year

\$17.62 per hour

Number of Jobs, 2020 261,300

Job Outlook, 2020-30 11% (Faster than average)

Employment Change, 2020-30 28,600

2. Ask participants what they think a typical day is like in the life of an EMT. Have participants access the *A Day in the Life of an EMT*. Have them complete the column about what they already know and what they would like to know about an EMT career.

2. Play one or all of the following videos:

Becoming an EMT

<https://www.youtube.com/watch?v=Zf8bGNZWz9s>

What Does an EMT Do?

<https://www.youtube.com/watch?v=mO7N1MPgWsY>

A Day in the Life of an EMT

<https://www.youtube.com/watch?v=HxZ1xGg54dY>

Have them complete the third column identifying what they have learned in the video clips.

A Day in the Life of an EMT

Directions: Identify what you already know about being an EMT, what you want to know and what you have learned during the lesson.

Know	Want to Know	Learned